

## **Brixham College - PE kit policy**

### **Our Vision**

At Brixham College, our Physical Education (PE) vision places students at the heart of everything we do. We aim to inspire lifelong healthy habits through a diverse and inclusive curriculum that celebrates physical activity and wellbeing. Through a wide variety of sports and activities, our students develop confidence, resilience, teamwork, and a love for movement. We empower young leaders, encourage respect and sportsmanship, and foster excellence in every lesson.

Our extensive extra-curricular programme ensures all students can thrive, compete, and grow beyond the classroom—building skills for life in a supportive and ambitious environment.

### **PE kit expectations**

All students are required to look PE SMART in their lessons – even if they are not actively participating. This ensures that every student is ready to learn, fully engaged, and represents Brixham College with pride.

### **Approved PE kit**

Students must always wear the correct Brixham College PE kit. This includes:

#### **Compulsory items:**

- Brixham College branded PE polo shirt
- Plain black unbranded shorts, leggings, or tracksuit bottoms (or plain black alternatives with small logo)
- Appropriate sports trainers (no fashion trainers, pumps, or canvas shoes)
- Brixham College branded quarter zip jumper
- Sports socks suitable for activity



**Optional items:**

- Black or white base layers worn underneath PE kit (no visible coloured layers)
- Lightweight sports performance jacket for cold weather (No school/puffa jackets)

**Not permitted:**

- Cotton leggings, tights, or 'fluffy' leggings (for hygiene and safety reasons)
- Cycling shorts or excessively short/skin-tight shorts
- Non-Brixham hoodies, jumpers, or sweatshirts

All Brixham College PE kit can be ordered from the web link below.

[Brixham College – VX3](#)

**Kit marks and consequences**

To promote responsibility, students receive a Kit Mark each time they forget or bring incorrect PE kit. Kit Marks reset each term.

Occasion	Consequence
1st Kit Mark	Warning recorded on Arbor (visible to parents/carers)
2nd Kit Mark	Red Card – 30-minute detention and communication home
3rd Kit Mark	Department detention and parental meeting to discuss persistent non-compliance
Persistent failure	Escalation to Head of Year and possible loss of participation in fixtures

**Forgotten kit**

If a student forgets an item of PE kit, they will be asked to borrow school kit. Instances are recorded, and sanctions applied as outlined above.

**Inaccessible kit**

If a student is unable to access their full PE kit, they must still bring and wear alternative suitable clothing that allows them to participate safely and effectively in the lesson. This ensures engagement in physical activity and maintains the standards of the PE curriculum.

**Injury and illness**

If a student is unable to participate fully due to injury or illness, they must bring a note from home (a one-off occasion) or medical professional (for longer term illness or injury) and still get changed into their PE kit. They will take on an alternative role such as:

- Coach
- Official
- Tactician
- Scorekeeper
- Team captain

This keeps them involved in their learning. The only exceptions are serious injuries (e.g., broken bones) that prevent them from changing.

### **Jewellery and hair**

All jewellery must be removed for PE lessons. Long hair must be tied up securely. Failure to follow these safety expectations will result in appropriate sanctions.

### **Valuables**

Valuables should be kept safely in the changing rooms, which are locked during lessons. The PE department cannot accept responsibility for lost or damaged items.

### **Barefoot Activities – Gymnastics and Dance (Year 7-8)**

In line with Safe Practice in PE, School Sport and Physical Activity guidance from the Association for Physical Education (afPE), students take part in dance and gymnastics barefoot. This allows for better balance, grip, and control, reducing the risk of slips and falls.

### **Protective equipment**

#### **Shinpads (Football & Hockey)**

Mandatory in competitive matches and strongly recommended during lessons and practices. Provide essential protection against tackles, sticks, and balls.

#### **Gum shields (Rugby & Hockey)**

Must be worn in all matches and contact lessons. Recommended by England Hockey and the Rugby Football Union (RFU). Protect teeth, gums, and jaw from impact injuries. Mouthguards should be individual and never shared.

### **Staying PE SMART**

We encourage all students to take pride in their appearance, respect the rules, and represent Brixham College positively. Being PE SMART means

- Showing up prepared and ready to learn,
- Modelling teamwork and respect,

- Always striving for excellence.