





































Thinking Food ALLERGEN CHART

MENU ITEM												
Bacon & Cheese Wedges								✓				
BBQ Chicken Panini	✓		✓				✓	✓	✓	✓	✓	✓
BBQ Pulled Pork Baguette			✓				✓			✓		
Chicken and Pepper Quesadilla			✓				✓		✓			
Chicken Primavera Tagliatelle, Garlic Bread	✓		✓				✓	✓	✓		✓	✓
Hash Brown												
Homemade Sausage Roll			✓		✓	✓	✓	✓	✓		✓	✓
J - Pasta Bar - Bacon Carbonara							✓	✓			✓	
J - Bacon & Cheese Panini			✓				✓	✓		✓		
J - Bacon Bap & Ketchup							✓			✓		
J - Baguette - Bacon & Chorizo			✓				✓	✓		✓		
J - Baguette - Hot & Spicy Chicken	✓		✓				✓	✓	✓	✓	✓	✓
J - Battered BBQ Chicken Bites							✓					
J - Beef Bolognese Pasta							✓		✓		✓	✓
J - Beef Bolognese, Pasta, Garlic Bread & Peas							✓		✓		✓	✓
J - Beef Chilli, Steamed Rice, Nachos, Guacamole and Sour Cream								✓			✓	
J - Beef Tikka Masala, Rice, Naan, Chutney & Salad							✓				✓	
J - Belgium Waffle			✓			✓	✓	✓				✓
J - Breaded Fish, Chips & Beans				✓			✓					
J - Breaded Fish, Chips & Peas				✓			✓					
J - Broccoli And Sweet Potato Bake With Carrots, Cabbage, Roast Potatoes & Gravy								✓			✓	
J - Brunch											✓	









Thinking Food ALLERGEN CHART

MENU ITEM												
J - Cauliflower, Chickpea & Butternut Curry, Rice And Naan							✓		✓		✓	
J - Cheese & Bean Wrap							✓	✓	✓			
J - Cheese Panini			✓				✓	✓		✓		
J - Chicken Bites, Chips & Beans							✓					
J - Chicken Bites, Chips & Peas							✓					
J - Chicken Fajita Wrap, Rice & Sweetcorn							✓	✓	✓			
J - Chicken Tikka Masala, Rice & Naan Bread							✓		✓		✓	
J - Chipolata Sausages, Chips & Beans											✓	
J - Chipolata Sausages, Chips & Peas											✓	
J - Cinnamon Popcorn					✓	✓	✓					
J - Creamy Chicken & Pesto Pasta Bake							✓	✓	✓		✓	✓
J - Curried Popcorn				✓	✓	✓		✓	✓	✓	✓	
J - Dartmoor Beef Stew, Mash and Seasonal Veg											✓	
J - Garlic & Herb New Potatoes											✓	
J - Ham Pizza							✓	✓				✓
J - Homity Pie, Roast Potatoes, Carrots & Cabbage							✓	✓	✓		✓	
J - Macaroni Cheese & Bacon							✓	✓	✓		✓	✓
J - Margherita Pizza, Chips Peas or Beans							✓	✓				✓
J - Meatballs & Tomato Sauce, Pasta							✓		✓		✓	✓
J - Panini - Cheese & Tomato												
J - Panini - Mozzarella & Pesto			✓				✓	✓		✓	✓	
J - Panini - Pepperoni			✓				✓			✓		

Thinking Food ALLERGEN CHART

MENU ITEM												
J - Pasta Bar - Macaroni Cheese							✓	✓	✓		✓	✓
J - Pepperoni Pizza							✓	✓				✓
J - Pesto Pasta							✓		✓		✓	✓
J - Pizza Bagel				✓			✓			✓		
J - Pizza Bar - Margherita Pizza							✓	✓				✓
J - Pizza Bar - Piri Piri Chicken							✓	✓			✓	✓
J - Pizza Bar - Spicy Chicken Pizza							✓	✓				✓
J - Plain Potato Wedges												
J - Proper Cornish Sausage Roll							✓	✓				
J - Roast Chicken, Potatoes, Carrots, Cabbage & Gravy											✓	
J - Roast Gammon, Potatoes, Vegetables & Gravy											✓	
J - Roast Potatoes											✓	
J - Roasted Vegetable & Tomato Pasta Bake							✓	✓	✓			✓
J - Roasted Vegetable Ratatouille, Rice & Garlic Focaccia							✓				✓	✓
J - Rosemary & Garlic Popcorn				✓	✓	✓						
J - Sweet & Sour Pork, Noodles & Stir Fried Greens							✓				✓	
J - Sweetcorn Topped Pizza							✓	✓				✓
J - Toad In The Hole, Roast Potatoes, Gravy, Carrots & Cabbage			✓				✓	✓			✓	✓
J - Tomato & Basil Pasta							✓	✓				✓
J - Tomato & Chorizo Pasta Bake							✓	✓	✓		✓	✓
J - Tomato & Mozzarella Pasta							✓	✓	✓		✓	✓
J - Tortilla Chips & Salsa												

Thinking Food ALLERGEN CHART

MENU ITEM												
J - Veg Medley Pizza							✓	✓				✓
J - Vegetable Chilli, Rice and Guacamole											✓	
J - Vegetable Fajita, Sweet Potato Wedges, Corn on the Cob							✓	✓	✓			
J - Vegetable Lasagne, Focaccia & Salad			✓				✓	✓	✓		✓	✓
J - Vegetarian Brunch							✓					
J - Wrap - Breakfast							✓		✓		✓	
Jerk Chicken Flatbread						✓	✓					✓
Meatball Sub			✓				✓	✓		✓		
Mexican Chicken Panini			✓				✓			✓		
Mexican Chicken Stuffed Pitta							✓					
Roasted Root Crumble, Potato Wedges & Salad					✓	✓	✓	✓			✓	✓
Roasted Roots Strudel, Roast Potatoes, Seasonal Veg, Gravy							✓				✓	
Spicy Potato Bites												
Spinach and Feta Pie, Potato Wedges and Slaw			✓				✓	✓	✓		✓	
Vegetable Hoi sin Wrap with Wedges and Slaw							✓		✓	✓		✓