













MONDAY

Spicy Chicken Rice

Spanish Bean Stew

Smokey Bacon Macaroni Cheese

Macaroni Cheese

TUESDAY

Dartmoor Beef Lasagne with Garlic Bread

Vegetable Lasagne with Garlic Bread

Meatball and Tomato

Tomato and Basil Pasta

WEDNESDAY

Honey Roasted Gammon with Roast Potatoes

Broccoli and Butternut Bake with Roast Potatoes

Beef Bolognese

Roasted Tomato and Vegetable

THURSDAY

Mexican Chilli Beef with Rice and Nachos

Roasted Vegetable Chilli with Rice and Nachos

Cheesy Chicken and Pesto

Pesto

FRIDAY

Chunky Chicken Bites with Chips

Spanish Omelette with Chips

Spicy Chorizo and Tomato

Tomato and Mozzarella

COLD DELI AND HOME BAKES AVAILABLE DAILY FRESHLY
PREPARED
SANDWICHES/
BAGUETTES/
WRAPS
AVAILABLE
DAILY

BOOST YOUR ENERGY WITH OUR WELLBEING SALADS

HOT FILLED PANINIS **MADE DAILY** DAILY SPECIALS AVAILABLE SEASONAL VEGETABLES OR SALAD SERVED DAILY We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

















MONDAY

Chicken and Roasted Pepper Quesadilla with Spicy Rice

Ratatouille with Rice

Smokey Bacon Macaroni Cheese

Macaroni Cheese

TUESDAY

CURRY DAY
Chicken Korma
or Roasted Cauliflower
and Sweet Potato Curry
with Rice and Naan

Meatball and Tomato

Tomato and Basil Pasta

WEDNESDAY

Sausage with Mash and Gravy

> Leek and Potato Bake

Beef Bolognese

Roasted Tomato and Vegetable

THURSDAY

Dartmoor Beef Stew with Potatoes

Vegetable Hot Pot

Cheesy Chicken and Pesto

Pesto

FRIDAY

Fish and Chips

Veggie Fajita Wrap with Chips

Spicy Chorizo and Tomato

Tomato and Mozzarella

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MONDAY

CURRY DAY
Beef Tikka Masala
or Thai Green
Vegetable Curry
with Rice and Naan

Smokey Bacon Macaroni Cheese

Macaroni Cheese

TUESDAY

Singapore Chicken Noodles

Singapore Vegetable Noodles

> Meatball and Tomato

Tomato and Basil Pasta

WEDNESDAY

Roast Pork with Roast Potatoes

Cauliflower and Broccoli Gratin with Roast Potatoes

Beef Bolognese

Roasted Tomato and Vegetable

THURSDAY

Piri Piri Chicken Burger with Handcut Wedges

Roasted Vegetable Chilli with Rice and Nachos

Cheesy Chicken and Pesto

Pesto

Fish Fingers with Chips

Veggie Taco with Chips

Spicy Chorizo and Tomato

Tomato and Mozzarella

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