

# **Health & Social Care Curriculum Plan**

**2 year programme of study**



# Year 10

|        | Week 1                                                                                                                                                                                                                                                                                                                | Week 2 | Week 3 | Week 4                                                                                                                                                                                                                                                                                                                                                                                                              | Week 5 | Week 6                                                                                                                                                                                                                                                                                                                                                                                 | Week 7 | Week 8 | Week 9                                                                                                                                                                                                                                                                               | Week 10 | Week 11                                                                                                                                                                   | Week 12 |
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| Autumn | R033 - Task 1                                                                                                                                                                                                                                                                                                         |        |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |        | R033 - Task 2a                                                                                                                                                                                                                                                                                                                                                                         |        |        |                                                                                                                                                                                                                                                                                      |         | R033 - Task 2b                                                                                                                                                            |         |
|        | Task 1 – Growth and development through a life stage<br><br>In this task you will produce information about a life stage and the factors that have affected an individual in relevance to the social norms.<br><br>Describe and analyse the impact certain factors can have in an individuals growth and development. |        |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |        | Task 2 – Life events and sources of support for individuals<br><br>Perform an interview to understand two life events that and individual has experienced.<br><br>Analyse the impact these life events have has on their physical, intellectual, emotional, social and financial wellbeing.<br><br>Create a needs analysis for that individual based on the impact of the life events. |        |        |                                                                                                                                                                                                                                                                                      |         | Task 2b – Research and recommend support to meet individual needs<br><br>Research and recommend formal ,informal and charity support available for you chosen individual. |         |
| Spring |                                                                                                                                                                                                                                                                                                                       |        |        | R033 – Topic area 1 & 2                                                                                                                                                                                                                                                                                                                                                                                             |        |                                                                                                                                                                                                                                                                                                                                                                                        |        |        |                                                                                                                                                                                                                                                                                      |         |                                                                                                                                                                           |         |
|        | Task 2b. continued:<br>Justify the importance of these support methods for the individual.<br><br>Apply person centred values to the personalised care.                                                                                                                                                               |        |        | Types of care settings<br>To understand the rights of service users in health and social care settings.<br>The benefits to service users’ health and wellbeing when their rights are maintained<br>Person-centred values and how they are applied by service providers<br>Benefits of applying the person-centred values<br>Effects on service users’ health and wellbeing if person-centred values are not applied |        |                                                                                                                                                                                                                                                                                                                                                                                        |        |        |                                                                                                                                                                                                                                                                                      |         |                                                                                                                                                                           |         |
| Summer | R034 – Topic Area 1                                                                                                                                                                                                                                                                                                   |        |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |        | R034 Task 1 -                                                                                                                                                                                                                                                                                                                                                                          |        |        | R034 Task 2 -                                                                                                                                                                                                                                                                        |         |                                                                                                                                                                           |         |
|        | Therapies and their benefits<br>The impact of therapeutic activities of PIEs&F<br>Types of creative activities and their benefits<br>The impact of creative activities of PIEs&F<br><br>Therapy Practicals – Art, Play, reminiscence, mind-body, SLT, yoga , tai chi, aromatherapy.                                   |        |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |        | Task 1 – Plan a creative activity<br><br>Factors that affect the selection of a creative activity<br><br>How to plan a creative activity to meet individual abilities                                                                                                                                                                                                                  |        |        | Task 2 – Deliver the planned creative activity<br><br>Introduce the activity.<br>• Supervise the activity.<br>• Collect feedback from those that took part.<br>• Use appropriate communication skills.<br>• Ask your teacher to complete a Teacher Observation Record for this task. |         |                                                                                                                                                                           |         |

# Year 11

|        | Week 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Week 2 | Week 3 | Week 4 | Week 5                                                                                                                          | Week 6 | Week 7                                                                                                                                                                                                              | Week 8 | Week 9                                                                                                                                                                                                                                                                                                                                                                                                              | Week 10 | Week 11 | Week 12 |
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| Autumn | R034 – Task 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |        |        |        |                                                                                                                                 |        | Task 2 - Plan and evaluate a suitable play activity                                                                                                                                                                 |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |         |         |         |
|        | Use feedback and self-reflection, to evaluate your own performance considering: <ul style="list-style-type: none"> <li>• Strengths and weaknesses of:               <ul style="list-style-type: none"> <li><input type="checkbox"/> your planning</li> <li><input type="checkbox"/> your communication skills</li> <li><input type="checkbox"/> how you encouraged participation of the individual/group.</li> </ul> </li> <li>• Suggestions for improvements:               <ul style="list-style-type: none"> <li><input type="checkbox"/> what you would do differently and why.</li> </ul> </li> </ul> |        |        |        |                                                                                                                                 |        | Task 4 – Therapies and their benefits <ul style="list-style-type: none"> <li>- Describe the two therapies.</li> <li>- Explain how the two therapies benefit the individual or group in relation to PIES.</li> </ul> |        |                                                                                                                                                                                                                                                                                                                                                                                                                     |         |         |         |
| Spring | R032 – topic Area 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |        |        |        | R032 Topic area 4                                                                                                               |        |                                                                                                                                                                                                                     |        | Topic area 1 & 2 Recap                                                                                                                                                                                                                                                                                                                                                                                              |         |         |         |
|        | The importance of verbal communication skills in health and social care settings<br>The importance of non-verbal communication skills in health and social care setting<br>The importance of active listening in health and social care settings<br>The importance of special methods of communication in health and social care settings<br>The importance of effective communication in health and social care settings                                                                                                                                                                                  |        |        |        | Safeguarding<br>Infection prevention<br>Safety procedures and measures<br>How security measures protect service users and staff |        |                                                                                                                                                                                                                     |        | Types of care settings<br>To understand the rights of service users in health and social care settings.<br>The benefits to service users' health and wellbeing when their rights are maintained<br>Person-centred values and how they are applied by service providers<br>Benefits of applying the person-centred values<br>Effects on service users' health and wellbeing if person-centred values are not applied |         |         |         |

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| Summer | Learning Outcome Four                   |  |
|        | Revision of topic area<br>Exam practice |  |