

Menu Listing with Traffic Lights and Allergens

Sue.Lewis@educatering.uk

Brixham Grab & Go Friday

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary Margherita Pizza (Gastronorm size)	1897.6	NONE 453.5	NONE 16.2	NONE 5.9	NONE 58.7		✓					✓						✓	?
Secondary Chicken Tikka Pizza (Gastronorm)	1992.5	NONE 476.2	NONE 15.0	NONE 4.0	NONE 60.8		✓					✓						✓	?
Secondary Pepperoni Panini	1854.9	NONE 443.3	NONE 16.0	NONE 8.1	NONE 57.6		✓		?			✓					?		
Secondary Devon Ham & Cheese Panini	1792.0	NONE 428.3	NONE 12.7	NONE 6.4	NONE 57.5		✓		?			✓					?		
Secondary Cheese Panini	1770.3	NONE 423.1	NONE 13.2	NONE 7.4	NONE 57.7		✓		?			✓					?		
Secondary Beans & Toast (white)	548.1	NONE 131.0	NONE 0.8	NONE 0.1	NONE 23.4		✓												✓
Secondary Cheese on Toast	830.1	NONE 198.4	NONE 9.5	NONE 4.6	NONE 17.9		✓					✓							✓

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Secondary Hash Brown Duo Pot	883.7	NONE 211.2	NONE 9.0	NONE 1.0	NONE 28.8														
Classic Liege Waffles (Wrapped)	49932kJ 11934kcal	HIGH 572g	HIGH 265g	HIGH 697g	HIGH 26.2g		✓		✓			?							✓
Secondary Bacon & Cheese Turnover	1352.6	NONE 323.3	NONE 22.2	NONE 10.7	NONE 17.1		✓				?	✓		?					?
Secondary Chips	642.7	NONE 153.6	NONE 4.3	NONE 0.1	NONE 25.2														
Secondary Chip Shop Curry Sauce	0.0	NONE 0.0	NONE 0.0	NONE 0.0	NONE 0.0														?
Secondary Cheddar Cheese Portion	527.2	NONE 126.0	NONE 10.3	NONE 5.2	NONE 1.8							✓							
Secondary Fish Finger Bap with Ketchup (Main)	1385.7	NONE 331.2	NONE 8.6	NONE 0.9	NONE 44.0		✓		✓									?	

Contains: Wheat.

Contains: Wheat.

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- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Secondary SF Chicken Burger	1115.0	NONE 266.5	NONE 7.4	NONE 2.8	NONE 33.5	Contains: Wheat.	✓	✓		✓			✓		✓				?	
Secondary Devon Pork Sausage (x1)	721.9	NONE 172.5	NONE 13.3	NONE 4.9	NONE 4.1															✓

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Secondary Margherita Pizza (Gastronorm size)	1897.6	 453.5	 16.2	 5.9	 58.7		✓					✓						✓	?
Secondary Pepperoni Pizza (Gastronorm)	1889.1	 451.5	 17.0	 5.5	 58.4		✓					✓						✓	?
Secondary Devon Ham & Cheese Panini	1792.0	 428.3	 12.7	 6.4	 57.5		✓		?			✓					?		
Secondary Cheese Panini	1770.3	 423.1	 13.2	 7.4	 57.7		✓		?			✓					?		
Secondary Pepperoni Panini	1854.9	 443.3	 16.0	 8.1	 57.6		✓		?			✓					?		
Secondary Beans & Toast (white)	548.1	 131.0	 0.8	 0.1	 23.4		✓												✓
Secondary Cheese on Toast	830.1	 198.4	 9.5	 4.6	 17.9		✓					✓							✓

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Secondary Hash Brown Duo Pot	883.7	NONE 211.2	NONE 9.0	NONE 1.0	NONE 28.8														
Classic Liege Waffles (Wrapped)	49932kJ 11934kcal	HIGH 572g	HIGH 265g	HIGH 697g	HIGH 26.2g		✓		✓			?							✓
Secondary Sausage Roll (8" Bought in)	2077.4	NONE 496.5	NONE 28.0	NONE 13.2	NONE 53.3		✓					✓							
Secondary Garlic Half Baguette	968.4	NONE 231.5	NONE 5.8	NONE 1.4	NONE 38.2		✓		?									?	
Secondary Garlic & Herb Jacket Wedges 8oz	571.6	NONE 136.6	NONE 5.3	NONE 0.4	NONE 20.8														
Secondary Hoisin Chicken Noodles 16oz	1495.5	NONE 357.4	NONE 4.7	NONE 0.6	NONE 51.2		✓												✓
Secondary Mexican Nachos 12oz	1636.8	NONE 391.2	NONE 19.4	NONE 6.6	NONE 41.5							✓							

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Secondary Hot Baguette Vegetable & Mozzarella	2003.2	NONE 478.8	NONE 9.5	NONE 4.2	NONE 79.7		✓		?			✓					?		
Contains: Wheat.																			
Secondary Pepperoni & Mozzarella Hot Bagel (Whole)	1900.6	NONE 454.3	NONE 14.8	NONE 7.5	NONE 59.1		✓					✓					?		✓
Contains: Barley, Wheat.																			
Secondary SF Chicken, Lettuce & Mayo Wrap	1456.5	NONE 348.1	NONE 16.8	NONE 4.6	NONE 33.6		✓	✓	✓			✓		✓					
Contains: Wheat.																			

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Secondary Margherita Pizza (Gastronorm size)	1897.6	NONE 453.5	NONE 16.2	NONE 5.9	NONE 58.7		✓					✓						✓	?
Primary Pepperoni Pizza	1122.0	NONE 268.2	NONE 12.0	NONE 4.7	NONE 29.6		✓					✓						✓	?
Secondary Cheese Panini	1770.3	NONE 423.1	NONE 13.2	NONE 7.4	NONE 57.7		✓		?			✓					?		
Secondary Pepperoni Panini	1854.9	NONE 443.3	NONE 16.0	NONE 8.1	NONE 57.6		✓		?			✓					?		
Secondary Cheese on Toast	830.1	NONE 198.4	NONE 9.5	NONE 4.6	NONE 17.9		✓					✓							✓
Secondary Beans & Toast (white)	548.1	NONE 131.0	NONE 0.8	NONE 0.1	NONE 23.4		✓												✓
Secondary Baked Jacket Wedges (Hand Cut)	755.4	NONE 180.6	NONE 10.3	NONE 0.8	NONE 20.8														

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Classic Liege Waffles (Wrapped)	49932kJ 11934kcal	 572g	 265g	 697g	 26.2g		✓		✓			?							✓
Secondary Bacon Breakfast Wrap	1635.6	 390.9	 18.5	 6.6	 38.1		✓					✓		?					
Secondary Garlic Half Baguette	968.4	 231.5	 5.8	 1.4	 38.2		✓		?								?		
Secondary Roast Potatoes (Hand cut)	586.0	 140.1	 7.7	 0.6	 16.6														
Secondary French Toast Bites 8oz	1227.9	 293.5	 3.8	 1.2	 54.7		✓		✓			✓					?		
Secondary Rainbow Noodle Pot 8oz	877.0	 209.6	 3.8	 0.4	 35.8		✓												✓
Secondary Chicken Fajita Wrap (Main)	1077.0	 257.4	 6.2	 1.7	 26.4		✓							?					

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Secondary Halloumi Cheese & Salad Burger	1359.7	NONE 325.0	NONE 15.5	NONE 8.6	NONE 25.8		✓					✓					?		
Secondary Hot Baguette BBQ Chicken & Cheese	2423.0	NONE 579.1	NONE 9.0	NONE 4.2	NONE 89.0		✓		?			✓					?		
Secondary Chicken & Pepper Quesadilla	1082.9	NONE 258.8	NONE 5.3	NONE 2.7	NONE 30.9		✓					✓		?					

Contains: Wheat.

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Secondary Margherita Pizza (Gastronorm size)	1897.6	NONE 453.5	NONE 16.2	NONE 5.9	NONE 58.7		✓					✓						✓	?
Secondary Devon Ham Pizza (Gastronorm)	1885.3	NONE 450.6	NONE 15.0	NONE 4.4	NONE 58.4		✓					✓						✓	?
Secondary Cheese Panini	1770.3	NONE 423.1	NONE 13.2	NONE 7.4	NONE 57.7		✓		?			✓					?		
Secondary BBQ Chicken & Cheese Panini	1949.5	NONE 466.0	NONE 8.0	NONE 4.0	NONE 70.1		✓		?			✓					?		
Secondary Pepperoni Panini	1854.9	NONE 443.3	NONE 16.0	NONE 8.1	NONE 57.6		✓		?			✓					?		
Secondary Tomato & Basil Pasta Pot 8oz	664.2	NONE 158.8	NONE 1.2	NONE 0.2	NONE 30.6		✓											✓	
Secondary Beans & Toast (white)	548.1	NONE 131.0	NONE 0.8	NONE 0.1	NONE 23.4		✓												✓

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Secondary Cheese on Toast	830.1	NONE 198.4	NONE 9.5	NONE 4.6	NONE 17.9		✓					✓							✓
						Contains: Wheat.													
Secondary Baked Jacket Wedges (Hand Cut)	755.4	NONE 180.6	NONE 10.3	NONE 0.8	NONE 20.8														
Secondary Waffle (Bought in)	1664.4	NONE 397.8	NONE 19.1	NONE 8.8	NONE 50.2		✓		✓			?							✓
						Contains: Wheat.													
Secondary Devon Sausage Breakfast Wrap (No Cheese)	1724.2	NONE 412.1	NONE 20.6	NONE 6.7	NONE 41.3		✓							?				✓	
						Contains: Wheat.													
Secondary Cheesy Garlic Half Baguette	1271.3	NONE 303.9	NONE 11.4	NONE 4.9	NONE 38.7		✓		?			✓					?		
						Contains: Wheat.													
Secondary Potato Balls	878.6	NONE 210.0	NONE 6.6	NONE 0.8	NONE 33.0							?							
Secondary Bombay Spiced Potato Wedges 8oz (handc)	820.1	NONE 196.0	NONE 10.9	NONE 0.8	NONE 22.0		?							?					
						Contains: Wheat.													

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Secondary French Toast Bites 8oz	1227.9	NONE 293.5	NONE 3.8	NONE 1.2	NONE 54.7		✓		✓			✓					?		
						Contains: Wheat.													
Secondary Falafel & Minted Yoghurt Hot Wrap	1307.8	NONE 312.6	NONE 12.4	NONE 2.0	NONE 38.3		✓		✓			✓		?					
						Contains: Wheat.													
Secondary Devon Beef & Pork Burger (Homemade)	1165.7	NONE 278.6	NONE 11.2	NONE 4.3	NONE 23.5		✓										?		
						Contains: Wheat.													
Secondary Salt & Pepper & Salad Chicken Pitta	1446.1	NONE 345.6	NONE 3.7	NONE 0.6	NONE 50.5		✓												✓
						Contains: Wheat.													
Secondary Mini Sub Beef Bolognese	924.1	NONE 220.9	NONE 5.7	NONE 2.9	NONE 32.0		✓		?			✓					?		
						Contains: Wheat.													

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Secondary Margherita Pizza (Gastronorm size)	1897.6	NONE 453.5	NONE 16.2	NONE 5.9	NONE 58.7		✓					✓						✓	?
Secondary BBQ Chicken Pizza (Gastronorm)	2034.3	NONE 486.2	NONE 14.4	NONE 3.8	NONE 64.4		✓					✓						✓	?
Secondary Cheese Panini	1770.3	NONE 423.1	NONE 13.2	NONE 7.4	NONE 57.7		✓		?			✓					?		
Secondary Cheese & Tomato Panini	1812.3	NONE 433.2	NONE 13.6	NONE 7.4	NONE 59.0		✓		?			✓					?	✓	
Secondary Pepperoni Panini	1854.9	NONE 443.3	NONE 16.0	NONE 8.1	NONE 57.6		✓		?			✓					?		
Secondary Mexican Chicken Panini	1818.2	NONE 434.6	NONE 10.0	NONE 4.1	NONE 58.3		✓		?			✓					?		
Secondary Cheese on Toast	830.1	NONE 198.4	NONE 9.5	NONE 4.6	NONE 17.9		✓					✓							✓

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Secondary Beans & Toast (white)	548.1	NONE 131.0	NONE 0.8	NONE 0.1	NONE 23.4		✓												✓
					Contains: Wheat.														
Secondary Hash Brown Bites Pot 8oz	873.6	NONE 208.8	NONE 9.6	NONE 1.3	NONE 27.6														
Classic Liege Waffles (Wrapped)	49932kJ 11934kcal	HIGH 572g	HIGH 265g	HIGH 697g	HIGH 26.2g		✓		✓			?							✓
					Contains: Wheat.														
Secondary Bacon Bap (1)	963.0	NONE 230.2	NONE 8.6	NONE 3.2	NONE 23.5		✓										?		
					Contains: Wheat.														
Secondary Garlic Half Baguette	968.4	NONE 231.5	NONE 5.8	NONE 1.4	NONE 38.2		✓		?								?		
					Contains: Wheat.														
Secondary Garlic & Herb Diced Potatoes (Hand Cut)	492.4	NONE 117.7	NONE 5.2	NONE 0.4	NONE 16.6														
Secondary Sweet Potato Wedges 8oz (handcut)	858.4	NONE 205.2	NONE 10.4	NONE 0.9	NONE 28.0														

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Secondary Mozzarella & Tomato Hot Bagel (Whole)	1719.0	NONE 410.9	NONE 10.5	NONE 5.6	NONE 59.0		✓					✓					?	✓	
Contains: Barley, Wheat.																			
Secondary Devon Chilli Beef Loaded Nachos 16oz	1440.9	NONE 344.4	NONE 18.2	NONE 5.6	NONE 29.6		?					✓		?					
Contains: Wheat.																			