

Brixham College

Personal, Social, Health and Economic policy

March 2021

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Prepared by	Jeanne Marcham
Ratified by:	Full Trustees
Reviewed on:	March 2023



Introduction

Purpose

It is the intention of the policy to inform staff, parents and all stakeholders of the content, practice and implementation of the PSHEE curriculum at Brixham College. The policy was formulated by the Vice Principal, PSHE coordinator and the PSHE focus group then amended by the SIL Leader to reflect the development of the programme and government guidance.

The policy aims to make clear the role of PSHEE in providing learning experiences to promote the personal, social, health and economic education of students and its importance in ensuring that students fulfil their individual potential

The programme at Brixham College is underpinned by the values and ethos of the College 'Success in learning, Success in life', the pastoral system and especially the staff and student relationships and student interrelationships.

The key principle behind PSHEE is that it reflects the outcomes of the 'Keeping children safe in Education' (KCSIE) guidelines 2018 and 'Working together to safeguard children (2018). Additionally, the PSHEE programme at Brixham College will have the following emphases:

- Every student is an individual – developing self awareness, confidence and self esteem, transferable skills and experiences that prepares them for the wider world
- Students should be encouraged to interact with other students – building social skills through working effectively with others and understanding the needs of others
- Opportunities' should be provided for staff to interact with their students – strengthening the staff/student relationship through the tutor system and the curriculum, thus enabling staff to identify individual strengths and development needs more effectively
- Opportunities should be provided for individual students to interact with the College community – raising awareness of individual responsibilities, reinforcing partnerships and upholding the College ethos

PSHEE at Brixham College will enable children and young people to make and act on informed decisions and takes opportunities that will help them to live happy, healthy lives, now and in the future. It does this by providing compelling, active learning that enables young people to develop concepts, knowledge and skills to be able to successfully manage themselves, their relationships, risk, the challenges and the opportunities, predictable and unpredictable, known and unknown, that they may encounter

Objectives of the Policy

Students will develop values, attitudes, knowledge, skills and understanding in order to meet the government's aim for every child, regardless of background or circumstance to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well being

The PSHE policy will support the development of self awareness, a sense of responsibility both for the students' own actions and towards family, friends and the wider community and understanding and respecting diversity regarding religion, culture and sexual orientation.

The PREVENT strategy is fully embedded within our curriculum with all staff, through the completion of WRAP training, ensuring the safeguarding of the students at our college through a robust, reactive and integrated programme of study which promotes discussion.

The Relationships and Sex Education and Health Education (England) Regulations 2019 are fully adhered to with the inclusion of the statutory elements of PSHEE:

- Relationships and Sex
- Mental Health
- E-Safety
- Keeping physically safe

Delivery of PSHEE

At Brixham College, PSHEE education is taught explicitly within Success in life (SIL) lessons once a fortnight, assemblies and Flexible Learning days. PSHEE is also taught implicitly within many subjects and events at the college for example, Science, PE and Philosophy and Ethics.

PSHEE and active citizenship is promoted through a range of practical activities such as Flexible Learning days, planning assemblies, student council meetings, student management group meetings, Tutor Challenges, Charity fundraising and involvement in community activities as well as a rich timetabled curriculum. A balanced range of teaching strategies is needed to provide for the effective delivery of PSHEE for all students. Activities which emphasise active learning and participation, where students are encouraged to assess evidence, negotiate, make decisions, solve problems, work independently and in groups and to learn from each other are to be encouraged.

Brixham College's PSHEE Scheme of Work is based upon the National Curriculum Framework non statutory guidelines for KS3, 4 and 5 and is underpinned by the PSHEE Association recommendations.

Assessment and Recording

All students are assessed through Attitude to learning reports termly where their engagement and their development of knowledge and skills are quantified. Careful monitoring of pastoral incidence alongside Local and National trends provide data for precision planning and delivery.

Student voice is monitored in a variety of ways throughout the academic year and adaptations or developments are to be made accordingly.

The PSHEE coordinator is responsible for monitoring the subject and providing Inset.

Policy links

The PSHEE policy should be read in conjunction with the following policies:

Safeguarding

Bullying

Curriculum

Behaviour

Health and Safety

Equal Opportunities

Drugs

SRE

Mental Health and wellbeing

Community links and services

The College works closely with a variety of outside agencies, some of which provide support services within and outside the College.

The PCT School Nurse provides structured lessons within the PSHEE programme and also confidential listening and support on referral. Their input and involvement is invaluable and greatly appreciated by both students and staff.

Various visitors come to deliver careers and PSHEE information talks throughout the year during Flexible Learning Days and other one off events. All visitors are made aware of the limits of confidentiality and the Safeguarding policy at Brixham College.

Confidentiality Statement

Teachers conduct PSHEE lessons in a sensitive manner and in confidence.

We ensure that all students and staff are aware of our policy on confidentiality and ensure students are informed of the limits of confidentiality that is offered by teachers within lessons or if they approach a teacher for individual advice and guidance in line with Brixham College's Safeguarding policy.

We ensure that students are informed of sources of confidential support and we encourage students to talk to their parents or carers and give them support so to do.

If a teacher believes a student is at moral or physical risk or in breach of the law, it is their duty to ensure the student is aware of the risks and encourage them to seek support from their parents or a child support agency. In any circumstances where child safeguarding issues arise we will always follow the College child safeguarding procedures.

Dealing with sensitive information and answering difficult questions

Teachers will answer student questions appropriately and using their professional judgement in line with this policy. There is no expectation that any teacher delivering PSHEE will automatically answer student questions as this may infringe personal boundaries. However, in this instance, students will be advised to talk to their parents, another member of staff or advised as to where they may be able to access information.

Inclusion

We intend our policy to be sensitive to the needs of different ethnic groups. For some young people it is not culturally appropriate for them to be taught particular items in mixed groups. We will respond to parental requests and concerns.

We aim to ensure all students receive appropriate PSHEE input and to match the provision to the particular needs of our students, taking specialist advice where necessary.

Monitoring and Evaluation

The PSHEE Policy will be reviewed as part of the College's review cycle and in the light of national and local changes.

Support and Training

Brixham College acknowledges that the effective teaching of PSHEE requires particular skills and expertise. Those staff with specific responsibility for delivering the programme will be consulted as to their particular training requirements and access to these will be through CPD. It is essential that those teachers delivering the programme are confident in their abilities.